

3764

PATENT

## IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant: ALEX MICHALOW

Serial No. 09/679,833

Filed: October 5, 2000

For: SPORT SPECIFIC TRAINING  
METHOD AND APPARATUS

Group Art Unit: 3764 #2

Docket No. 52458-224532

Commissioner for Patents  
Washington, D.C. 20231

I CERTIFY THAT, ON JANUARY 2, 2001, THIS PAPER IS BEING  
DEPOSITED WITH THE U.S. POSTAL SERVICE AS FIRST CLASS MAIL IN  
AN ENVELOPE ADDRESSED TO THE ASSISTANT COMMISSIONER FOR  
PATENTS, WASHINGTON, D.C. 20231.

*Barbara A. Avery*  
Barbara A. Avery

RECEIVED  
JAN 10 2001  
C 3100 MAIL ROOM

## INFORMATION DISCLOSURE STATEMENT

In compliance with the duty imposed by 37 C.F.R. 1.56, and in accordance with C.F.R. sections 1.97 *et. seq.*, the materials enclosed herewith are brought to the attention of the Examiner as possibly being of interest in connection with the above-identified patent application. Consideration of each of the documents listed on the attached 1449 form(s) is respectfully requested. The filing of this information disclosure statement shall not be construed to be an admission that the information cited in the statement is, or is construed to be, prior art to the present application. Pursuant to the provisions of M.P.E.P. 609, Applicants further request that a copy of the 1449 form(s), marked as being considered and initialed by the Examiner, be returned with the next Official Communication.

No fee is deemed necessary. In the event that the amount submitted herewith is insufficient in any respect, the Commissioner is authorized to charge our Deposit Account 06-0029 any fees under 37 C.F.R. 1.16 and 1.17 which may be required to file and during the entire pendency of this application. This authorization shall be treated as requesting a petition for an extension of time under 37 C.F.R. 1.136(a) of the appropriate length that may be necessary now or in the future.

Respectfully Submitted,

Dated: January 2, 2001

ALEX MICHALOW

By:

*Karl G. Schwappach*  
Karl G. Schwappach, #35,786  
FAEGRE & BENSON LLP  
2200 Norwest Center  
90 South Seventh Street  
Minneapolis, MN 55402-3901  
612/336-3318